

DAY 1					
TIME	SUBJECT	INFORMATION	MENTOR(S) IN CHARGE	MENTOR PG #	CHILDREN PG #
10:00	Arrival	Juice and biscuits	All		
10:00 – 11:00	Orientation	<ul style="list-style-type: none"> <li>Name tags – children to make their name tags for camp</li> <li><b>Getting to know you</b> games</li> </ul>	Lead by: _____ All		
11:00 – 11:15	Tent allocation	By age and sex	Tent Leaders: 1. 2. 3. 4.		
11:15 – 11:45	Orientation	Unpack and room orientation			
11:45 – 12:00	Orientation	<ul style="list-style-type: none"> <li>Emergency drill and camp safety rules</li> <li>CITW Camp Rules are in the children's workbook</li> </ul>	CITW Programme Coordinator Mvuu Camp Manager		
12:00 – 12:30	Tippy Tap	<ul style="list-style-type: none"> <li>Set up a <b>Tippy Tap</b> in a central area before the children arrive.</li> <li>Children should use the tippy tap to wash hands before meals and between activities. Take this opportunity to talk to the children about how Tippy Taps can help to save water, and how important good hygiene is.</li> </ul>	Lead by: _____  Other Mentors: 1. 2.		
12:30 – 13:30	Lunch	<ul style="list-style-type: none"> <li>Wash hands at Tippy Tap</li> <li>Lunch</li> </ul>	All		
13:30 – 14:30	Team allocation	<ul style="list-style-type: none"> <li><b>Teams:</b> Waterbuck; Reedbuck; Roan; Hartebeest (Mixed by size, sex and age)</li> <li>Hand out and direct children to their workbooks for information on their team animal. They should also fill in their team members names.</li> <li>Play a few 'Getting to know you' games in your teams</li> </ul>	Team Leaders: 1. 2. 3. 4.		

14:30 – 16:30	TEAM BUILDING				Mentor allocation		
	Team allocation						
14:30 – 15:00	<b>Station 1</b> Waterbuck	<b>Station 2</b> Reedbuck	<b>Station 3</b> Roan	<b>Station 4</b> Hartebeest	<b>Station 1:</b>		
15:00 – 15:30	<b>Station 1</b> Hartebeest	<b>Station 2</b> Waterbuck	<b>Station 3</b> Reedbuck	<b>Station 4</b> Roan	<b>Station 2:</b>		
15:30 – 16:00	<b>Station 1</b> Roan	<b>Station 2</b> Hartebeest	<b>Station 3</b> Waterbuck	<b>Station 4</b> Reedbuck	<b>Station 3:</b>		
16:00 – 16:30	<b>Station 1</b> Reedbuck	<b>Station 2</b> Roan	<b>Station 3</b> Hartebeest	<b>Station 4</b> Waterbuck	<b>Station 4:</b>		
<b>17:00 – 18:00</b>	Sport in the Wilderness	Sport in the Wilderness Lesson			<b>Lead by:</b> _____		-
<b>18:00 – 19:00</b>	Dinner	<ul style="list-style-type: none"> <li>Wash hands at Tippy Tap</li> <li>Dinner - grace and singing</li> </ul>			<b>All</b>		
<b>19:00 – 20:00</b>	Camp fire	<ul style="list-style-type: none"> <li>Burning of fears and a story.</li> <li>Good night song.</li> </ul>			<b>Lead by:</b> _____ <b>All</b>		
<b>20:00 – 20:30</b>	Showers	Watch water usage			<b>Tent Leaders</b>		
<b>20:30 – 21:00</b>	Tent chat	<ul style="list-style-type: none"> <li>What are your expectations of camp?</li> <li>How did you feel arriving today?</li> <li>What do you hope to learn?</li> </ul>			<b>Tent Leaders</b>		
<b>21:00</b>	Lights out	Good night, sleep tight!			<b>All</b>		

DAY 2							
TIME	SUBJECT		INTENT		MENTOR(S)	MENTOR PG #	CHILDREN PG #
05:30 - 06:00	Wake up		Get dressed and tidy rooms		Tent Leaders		
06:00 - 06:30	Re-energise		<ul style="list-style-type: none"> <li>Choose activities from the list of <i>Energisers</i>.</li> <li>Plan these carefully before you start to ensure they have the best impact.</li> </ul>		Energisers: _____ All		
06:30 - 06:45	Leadership Value		Discuss the leadership value for the day: <b>Respect</b>		Lead by: _____ Other Mentors: 1. 2. 3.		
06:45 - 07:15	<ul style="list-style-type: none"> <li>Wash hands at Tippy Tap</li> <li>Breakfast</li> </ul>		<b>Super Camper Award (SCA)</b>		SCA: _____ All		
07:15 - 10:00	Game Drive		<ul style="list-style-type: none"> <li>Focus on <b>facts about the lake, aquatic species, antelope, birds, vegetation</b>, but also pay attention to all other game.</li> <li>Encourage children to keep a list of the animals they've seen, and to take notes on what their guides are teaching them.</li> </ul>		Guides All		
10:00 - 10:15	<ul style="list-style-type: none"> <li>Wash hands at Tippy Tap.</li> <li>Snack</li> </ul>		Children to regroup after game drive and have a toilet break.		Group Leaders		
10:15 – 12:30	<b>CAREERS</b>						
	<b>Team allocations</b>				<b>Mentor Allocation</b>		
10:15 - 10:45	<b>Station 1</b> Waterbuck	<b>Station 2</b> Reedbuck	<b>Station 3</b> Roan	<b>Station 4</b> Hartebeest	Station 1:		
10:50 - 11:20	<b>Station 1</b> Hartebeest	<b>Station 2</b> Waterbuck	<b>Station 3</b> Reedbuck	<b>Station 4</b> Roan	Station 2:		

11:25 – 11:55	<b>Station 1</b> Roan	<b>Station 2</b> Hartebeest	<b>Station 3</b> Waterbuck	<b>Station 4</b> Reedbuck	Station 3:		
12:00 – 12:30	<b>Station 1</b> Reedbuck	<b>Station 2</b> Roan	<b>Station 3</b> Hartebeest	<b>Station 4</b> Waterbuck	Station 4:		
12:30 - 13:30	<ul style="list-style-type: none"> <li>Wash hands at Tippy Tap</li> <li>Lunch</li> </ul>	<b>Super Camper Awards</b>			SCA: _____		
13:30 - 14:30	Reflection	Children to fill out 'I dream, I wish' in their workbooks			<b>Tent Leaders</b>		
14:30 - 15:00	Re-energise	Choose activities from the list of <i>Energisers</i> .			Energisers: _____		
15:00 - 16:00	Obstacle course	Teams to compete against each other – which team can complete the obstacle course the fastest?					
16:00 - 16:30	<ul style="list-style-type: none"> <li>Wash hands at Tippy Tap</li> <li>Snack</li> </ul>	Snack			All		
16:30 – 18:30	Boat Safari	Boat Safari			Lead by: _____		
18:30 – 19:15	<ul style="list-style-type: none"> <li>Wash hands at Tippy Tap</li> <li>Dinner</li> </ul>	<b>Super Camper Award</b>			SCA: _____		
19:15 – 20:30	Movie	<b>Watch a relevant movie – something to do with the environment</b>					
20:30 – 21:15	Shower and tent chat	<b>Reflect on the day's activities</b>					
21:15	Lights out	<b>Good night, sleep tight!</b>					

DAY 3					
TIME	SUBJECT	INTENT	MENTOR(S)	MENTOR PG #	CHILDREN PG #
05:30 - 06:00	Wake up	Get dressed and tidy rooms	Tent Leaders		
06:00 - 06:30	Re-energise	<ul style="list-style-type: none"> <li>Choose activities from the list of <b>Energisers</b>.</li> <li>Plan these carefully before you start to ensure they have the best impact</li> </ul>	Energisers: _____ All		
06:30 - 06:45	Leadership Value	Discuss the leadership value for the day: <b>Opportunity</b>	Lead by: _____ Other Mentors: 1. 2. 3.		
06:45 - 07:15	Breakfast	<b>Super Camper Award</b>	SCA: _____ All		
07:15 - 10:00	Game Drive	<ul style="list-style-type: none"> <li>Focus on <b>facts about the lake, aquatic species, antelope, birds, vegetation</b>, but also pay attention to all other game.</li> <li>Encourage children to keep a list of the animals they've seen, and to take notes on what their guides are teaching them.</li> </ul>	Guides All		
10:00 - 10:15	<ul style="list-style-type: none"> <li>Wash hands at Tippy Tap</li> <li>Snack</li> </ul>	Children to regroup after game drive and have a loo break.	Group Leaders All		
10:15 – 12:30	Recycling project	Gather materials from back of house for the children to create new items from recyclable materials			
12:30 - 13:30	<ul style="list-style-type: none"> <li>Wash hands at Tippy Tap</li> <li>Lunch</li> </ul>	<b>Super Camper Award</b>	SCA: _____ All		

<b>13:30 - 14:30</b>	Reflection	Quiet time in tents to reflect on the day's activities so far	<b>Tent Leaders</b>		
<b>14:30 - 15:00</b>	Re-energise	Choose activities from the list of <b>Energisers</b> .	<b>Energisers:</b> _____ <b>All</b>		
<b>15:00 – 16:30</b>	Lake Malawi	<ul style="list-style-type: none"> <li>For children to understand the importance of this incredible Lake to your country and your livelihoods.</li> <li>Complete:                             <ul style="list-style-type: none"> <li>Pledge to Protect</li> <li>Web of Life activity</li> </ul> </li> </ul>	<b>Guide / Mentor:</b> _____		
<b>16:30 – 16:45</b>	<ul style="list-style-type: none"> <li>Wash hands at Tippy Tap</li> <li>Snack</li> </ul>	<b>Super Camper Award</b>	<b>SCA:</b> _____ <b>All</b>		
<b>16:45 – 17:30</b>	Make your Team Mascot	<ul style="list-style-type: none"> <li>Teams now collect natural material to create their team animal. They should not damage anything, but rather collect what they find on the ground.</li> <li>They also use this time to revise all they've learnt over their days at camp in preparation for their quiz 😊</li> </ul>	<b>Team Leaders</b>		
<b>17:30 - 18:30</b>	Quiz	Summary of questions based on learnings from the week <b>It is important that Eco-Mentors contribute questions for the quiz. Each Mentor should give one good question from any activity. Be sure to start thinking of ideas for your questions from the beginning of camp.</b>	<b>*Quiz Master:</b> _____		
<b>18:30 - 19:15</b>	Dinner	<b>Super Camper Award</b>	<b>SCA:</b> _____ <b>All</b>		

<b>19:15 - 20:30</b>	War cries, singing, photo slide show, certificates, gifts	Reflect on the day's activities	<b>**Photo slide show:</b> _____ <b>Certificates:</b> _____ <b>All</b>		
<b>20:30 - 21:15</b>	Shower and tent chat		<b>Tent Leaders</b>		
<b>21:15</b>	Lights out	Good night, sleep tight	<b>All</b>		

**\*Quiz Master:** This person is responsible for reminding Mentors to think of relevant questions over the three days of Camp. It is also their responsibility to consolidate the questions into quiz format (eg. multiple choice questions, true or false, complete the sentence, or just general questions). They will also run the quiz on the final night, asking the questions and running the show 😊

**\*\*Photo slide show:** This person should ideally be the photographer, or someone who can consolidate all of the photographs from camp into a slide show for the camp. Make sure that every child is featured in the slide show. It is just a happy, fun way to end off camp.

<b>DAY 4</b>			
<b>TIME</b>	<b>SUBJECT</b>	<b>INTENT</b>	<b>MENTOR(S)</b>
<b>06:00 – 06:30</b>	Wake Up	Get dressed and tidy up	<b>Tent Leaders</b>
<b>06:30 – 07:30</b>	Pack up	Tidy tent and bring bags to main area	<b>All</b>
<b>07:30 – 08:30</b>	<ul style="list-style-type: none"> <li>Wash hands at Tippy Tap</li> <li>Breakfast</li> </ul>	Breakfast, singing and grace	<b>All</b>
<b>08:30 – 09:00</b>	Children depart with a packed lunch	Make this a quick but happy goodbye. Do not prolong the goodbye. Wave until the children are out of sight and site 😊	<b>All</b>